

Magic Potion

Magic can be found in both fantasy stories and non-fiction science. Use the instructions below to show your children some fantastic natural science.

YOU WILL NEED

- Red cabbage - chopped
- Water
- A saucepan
- A sieve
- Cups or small containers
- Different substances to test - baking soda, vinegar, lemon juice or lime juice.

INSTRUCTIONS

- 1 Place the chopped cabbage into the pan and cover it with water.
- 2 Simmer for 10 minutes.
- 3 Sieve the water and cabbage into a jug - you will notice that the cabbage liquid is very purple.
- 4 Leave to cool for about 30 minutes.
- 5 Half fill each small container with cabbage water.
- 6 Add a small amount of each substance being tested to each of the small containers and see what happens. Children could predict what will happen before you add the later substances.

