

A MATHS 'N' MOVEMENT ACTIVITY

ANSWER

Use the enlarged Small, Medium and Big cards below to simultaneously teach children the Fundamental Movement Skills and the size of the problems they face every day.

YOU WILL NEED

The cards below enlarged and printed onto cardboard.

ACTIVITY

- 1 Place the 'Small', 'Medium' and 'Big' cards either on the ground or stuck to a wall at least 5 metres apart.
- 2 As students are shown the cards they must choose whether this is a Small, Medium or Big Problem.
- 3 Students must then demonstrate their response by using the given fundamental movement skills such as hopping, skipping or jumping to their chosen card - Small, Medium and Big.

Small (I can fix it with words)

Medium (I need to tell a teacher)

Big (This is unsafe - get help immediately)



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SMALL

MEDIUM

BIG

Someone bumps you by accident and says sorry.

Someone sits in your favourite spot.

Someone forgets to say please or thank you.

Someone won't return a borrowed item.

Someone scribbled on your work or desk.

Teasing or name-calling that continues after you ask them to stop.

You see blood, someone is hurt, or you feel unsafe.

A student runs away from the playground or out of the classroom.

Someone is hitting, kicking, choking, biting, spitting.