

ROB THE NEST

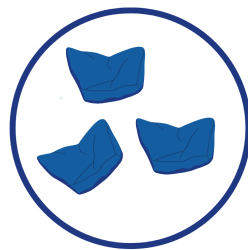
Use the instructions below to play a bowerbird stealing game known as Rob The Nest.

YOU WILL NEED

- 6 hula hoops
- 18 bean bags

ACTIVITY

- 1 Place 6 hula hoops in a large circle.
- 2 Place a pile of 18 bean bags or balls in the middle of the circle.
- 3 Students line up in even teams behind each hula hoops.
- 4 When students hear the whistle, one student from each team races to 'rob' a bean bag from the centre of the circle. (Students could run, skip, hop, jump or lollipop step depending on their age and ability to not run into each other in the middle).
- 5 The student delivers the bean bag to their team's hula hoop.
- 6 Students can then choose to either take bean bags from the centre of the circle (if there are any left) or they can rob them from another team's hula hoop.
- 7 Students can only steal one bean bag at a time and they must deliver it to their hula hoop before stealing additional bean bags.
- 8 When students hear the whistle again they return to their team's hoop and the team with the most bean bags wins.



Uses strategies to work in group situations when participating in physical activities.

